

LUNCH PRICES

PAID LUNCH \$3.35
REDUCED LUNCH \$0.40
ADULT \$4.35



SEPTEMBER 2019

JACKSON SCHOOL DISTRICT
HIGH SCHOOL LUNCH MENU



"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

ALL LUNCHES INCLUDE THE FOLLOWING MILK CHOICES:

1% WHITE MILK
FAT FREE STRAWBERRY MILK
FAT FREE VANILLA MILK
1% CHOCOLATE SKIM MILK
ASSORTED FRESH FRUITS AVAILABLE DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-Sep	3-Sep	4-Sep	5-Sep	6-Sep
LABOR DAY 	WELCOME BACK STUDENTS AND STAFF	HAVE A GREAT SCHOOL YEAR	CHICKEN NUGGETS W/ DINNER ROLL OVEN BAKED FRIES STEAMED CORN	"YOUR WAY" PASTA BAR W/ THREE SAUCES WHOLE GRAIN GARLIC BREAD SEASONED VEGETABLES
9-Sep	10-Sep	11-Sep	12-Sep	13-Sep
"YOUR WAY" HOT DOG BAR VEGETARIAN BEANS OVEN BAKED CURLEY FRIES	"YOUR WAY" BREAKFAST BAR FRENCH TOAST, COLBY OMELET, HASH BROWN TURKEY SAUSAGE 100% FRUIT JUICE	"YOUR WAY" TACO BAR LETTUCE, TOMATO, SALSA REFRIED BEANS	"YOUR WAY" SALAD BAR WG DINNER ROLL <small>SALAD BAR INCLUDES: SALAD MIX, TOMATOES, CUCUMBERS, DICED ONIONS, PEPPERS, GARBANZO BEANS, KIDNEY BEANS, CELERY, CARROTS, HAM, TURKEY, CHEESE</small>	"YOUR WAY" PASTA BAR W/ THREE SAUCES WHOLE GRAIN GARLIC BREAD SEASONED VEGETABLES
Available Daily: Assorted meats, cheeses & salads; whole grain bread, wraps rolls; shredded lettuce, tomatoes				
16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
"YOUR WAY" FAJITA BAR PEPPERS, ONIONS, SALSA, SHREADED CHEESE MEXICAN BROWN RICE	STUFF SHELLS W/ MEATSAUCE GARLIC BREAD STICK FRESH GARDEN SALAD	GENERAL TSO'S CHICKEN ORIENTAL VEGETABLES STIR FRIED RICE	"YOUR WAY" SALAD BAR WG DINNER ROLL <small>SALAD BAR INCLUDES: SALAD MIX, TOMATOES, CUCUMBERS, DICED ONIONS, PEPPERS, GARBANZO BEANS, KIDNEY BEANS, CELERY, CARROTS, HAM, TURKEY, CHEESE</small>	"YOUR WAY" PASTA BAR W/ THREE SAUCES WHOLE GRAIN GARLIC BREAD SEASONED VEGETABLES
Available Daily: Cheese Pizza on Whole Wheat Crust				
23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
POPCORN CHICKEN "BOWL" CORN, MASHED POTATOES, GRAVY COUNTRY STYLE BISCUIT	"YOUR WAY" BREAKFAST BAR PANCAKES, COLBY OMELET, HASH BROWN TURKEY SAUSAGE 100% FRUIT JUICE	CHICKEN PARMESAN SANDWICH ON WG ROLL OVEN BAKED FRIES	"YOUR WAY" SALAD BAR WG DINNER ROLL <small>SALAD BAR INCLUDES: SALAD MIX, TOMATOES, CUCUMBERS, DICED ONIONS, PEPPERS, GARBANZO BEANS, KIDNEY BEANS, CELERY, CARROTS, HAM, TURKEY, CHEESE</small>	"YOUR WAY" PASTA BAR W/ THREE SAUCES WHOLE GRAIN GARLIC BREAD SEASONED VEGETABLES
30-Sep	1-Oct	2-Oct	3-Oct	4-Oct
SCHOOL'S CLOSED	ATTENTION PARENTS: ***PLEASE BE MINDFUL THAT FREE/REDUCED APPLICATION ARE NOW AVAILABLE ON THE FOOD SERVICE WEBSITE. PLEASE SUBMIT YOUR APPLICATION AS SOON AS POSSIBLE, BUT NO LATER THAN OCTOBER 22, 2019, OR YOU WILL LOSE YOUR BENEFITS. www.payschoolscentral.com ***FOR YOUR CONVIENENCE, STUDENT BALANCES ARE VIEWABLE ON THE PARENT PORTAL.			